



Sermon Outline
June 30, 2024
Pastor Bryan Myers

Shame Off You

Mark 5:21-34

Life Motivators - *Everyone who tries hard at life does so for one of two reasons—they're fearful and looking for acceptance, or they're fulfilled and looking to make a difference.* – Alan Wright in **Free Yourself, Be Yourself**

* **Shame is predominantly** _____.

* **It's like the bad** _____ **of failure.**

** Satan uses our awareness that we're defective to lead us to shame rather than acknowledge we need a healer.*

* **It has potential to** _____ **our salvation.**

* **It's the** _____ **side of guilt.**

* **Conviction of sin comes from God through the Holy Spirit leading us to confession and** _____.

2 Corinthians 7:10-11a - Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. See what this godly sorrow has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern, what readiness to see justice done.

* **Guilt is usually** _____.

* **Guilt says, "I** _____ **the wrong thing".**

** Repentance is the healing, corrective side of guilt.*

* **Shame gets you to believe things about yourself that** _____.

* **Shame says, "I** _____ **the wrong person".**

* **Satan would like as many as possible to live under the cloud of** " _____ **!"**

Revelation 12:10b - For the accuser of our brothers and sisters, who accuses them before our God day and night, has been hurled down.

* **Our accuser loves to use shame in a way that leads us to despair, doubt and** _____.

Mark 5:33-34 - Then the woman, knowing what had happened to her, came and fell at his feet and, trembling with fear, told him the whole truth. He said to her, "Daughter, your faith has healed you. Go in peace and be freed from your suffering."

* **Jesus offers the opportunity to live under the freedom of** " _____ **!"**

* **When there's guilt and you feel shame creeping in...**

1. _____.

Hebrews 4:13 - Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of Him to whom we must give account.

1 John 1:9 - If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

2. Battle with the _____ **of the Spirit.**

Hebrews 4:12a - For the word of God is alive and active. Sharper than any double-edged sword...

3. Claim your _____ **in Christ.**

1 Peter 2:24 - "He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed."

* **The only true antidote for shame is** _____.

Romans 10:11 - As Scripture says, "Anyone who believes in Him will never be put to shame."