

Sermon Outline
November 22, 2015
Pastor Bryan Myers

The Grip of Gratitude

Luke 17:11-19

Beneficial by-products of Gratitude:

1. _____ – more relaxed, more resilient, less envious.
2. _____ – improved sleep, less sickness, increased energy.
3. _____ – more friendships, deeper relationships, healthier marriage.
4. _____ – less materialistic, less self-centered, more joy.

The grip of gratitude prevents
a _____.

Statements to increase & tighten the grip of gratitude on your life:

1. I know every _____
I have comes from God.

James 1:17 - Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

2. I will not let what I _____ rob me of what I _____.

Ecclesiastes 6:9a - Better what the eye sees than the roving of the appetite.

Gratitude turns whatever you have into _____.

"It's not happy people who are grateful, it's grateful people who are happy."

Philippians 4:11-13 - I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.

3. I'll turn every blessing I have into _____.

When you don't turn a blessing into praise, it can turn into _____.

Psalms 103:1-2 - Praise the Lord, my soul; all my inmost being, praise his holy name. Praise the Lord, my soul, and forget not all his benefits.

Identify 5 blessings to turn into praise:

1. _____
2. _____
3. _____
4. _____
5. _____