



Sermon Outline
June 9, 2019
Pastor Bryan Myers

Real Talk

Lamentations 3:19-26

Series objective: *To reveal that from Genesis to Revelation God's Big Story is that He wants to be with us, and He wants us to be with Him.*

The purpose of the book of Lamentations was to give expression to the profound grief, experienced by the Israelites at the destruction of Jerusalem and the dismantling of the nation, with the hope of leading them to repentance.

Lamentations 1:1 - How deserted lies the city, once so full of people! How like a widow is she, who once was great among the nations! She who was queen among the provinces has now become a slave.

Lament = *to feel, show, or express grief, sorrow, or regret; to _____ deeply.*

*** Grief is _____**

Ecclesiastes 3:1 & 4 - There is a time for everything, and a season for every activity under the heavens...a time to weep and a time to laugh, a time to mourn and a time to dance...

A reality of life: Everything _____.

- **Grief due to _____ loss.**

1 Thessalonians 4:13 - Brothers and sisters, we do not want you to be uninformed about those who sleep in death, so that you do not grieve like the rest of mankind, who have no hope.

- **Grief due to _____ consequences.**

C.S. Lewis – *"Pain insists upon being attended to. God whispers to us in our pleasures, speaks in our consciences, but shouts in our pains. It is His megaphone to rouse a deaf world."*

2 Corinthians 7:10-11a - Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. See what this godly sorrow has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern...

*** Grief is _____**

The person sitting next to you does not grieve the _____ you do.

Qualified instruction and healthy modeling of how to _____ and _____ grief is unusual.

Two significant dangers:

- 1. Emotions not _____ don't go away.**
- 2. Emotions not identified and dealt with can easily go rogue and become _____.**

Hurt can easily transmute into _____.

*** Grief is _____ through faith.**

You never "get over" some types of grief. They will be something you must learn to _____.

Matthew 5:4 - (Jesus) - Blessed are those who mourn, for they will be comforted.

Series goal: *To help us become more aware of living the "with God" life.*

2 Corinthians 1:3-4a - Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles...

God promises _____ for the moment.

2 Corinthians 12:9a - But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness."

Griefshare - <https://tinyurl.com/y6o5cy6j>