



Sermon Outline
January 17, 2021
Pastor Bryan Myers

Direct Your Soul

Proverbs 3:5-6

*** Healthy rhythms require intentionality.**

Rhythm #1 – Humble your soul

James 4:10 - Humble yourselves before the Lord, and he will lift you up.

Psalms 25:9 - He guides the humble in what is right and teaches them his way.

Rhythm #2 – _____ your soul

Proverbs 3:5-6 - Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

1. _____

*** Bible reading should not be seen as a religious _____ but as one of the most important ways you get to know God and feed your soul.**

John 5:39 - You study the Scriptures diligently because you think that in them you have eternal life. These are the very Scriptures that testify about me...

*** Your soul needs spiritual _____.**

Matthew 4:4 - Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'"

1 Peter 2:2 - Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation...

Hebrews 5:12-14 - In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

Is my attitude "Do I _____ to?"

Or "Do I _____ to?"

2. _____

"Those who fail to plan, plan to fail."

Bryan's five spiritual food groups - Old Testament, Psalms, Proverbs, Gospels, Epistles

Proverbs 16:3 - Commit to the Lord whatever you do, and He will establish your plans.

3. _____

"Well begun is half done."

4. _____

"Rarely does life ever go according to plan."

5. _____

*** Five reasons you will need to persevere:**

1. Because some days you won't _____ like it.

2. Because Satan will do all he can to keep you from it.

3. Because Biblical understanding is _____.

4. Because the more you persevere, the more you will develop an _____.

5. Because you will need God's Word your entire life.

Takeaway - *I will provide my soul the spiritual direction and nourishment it needs by spending time _____ in God's Word.*