



Sermon Outline
February 7, 2021
Pastor Bryan Myers

Extend Your Soul

Luke 9:48b

*** Healthy rhythms require intentionality.**

*** We grow by _____ not by default.**

*** These rhythms will never become reality unless you decide, plan, do, adjust, _____.**

Rhythm #1 – Humble your soul

James 4:10 - Humble yourselves before the Lord, and he will lift you up.

Rhythm #2 – Direct your soul

Proverbs 3:5-6 - Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

Rhythm #3 – Refresh your soul

Mark 2:27 - Then he said to them, "The Sabbath was made for man, not man for the Sabbath."

Rhythm #4 – Connect your soul

Genesis 2:18a - The Lord God said, "It is not good for the man to be alone."

Rhythm #5 – _____ your soul

Luke 9:48b - For it is the one who is least among you all who is the greatest.

*** We extend our soul by _____ others.**

Luke 9:24 - For whoever wants to save their life will lose it, but whoever loses their life for me will save it.

*** Jesus _____ what He preached.**

Philippians 2:7-8 - ...He made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross!

John 13:3-5 - Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him.

*** A good funeral is a _____ in the making.**

Acts 9:39 - Peter went with them, and when he arrived he was taken upstairs to the room. All the widows stood around him, crying and showing him the robes and other clothing that Dorcas had made while she was still with them.

"The more you do for others the less you can do for yourself but more you do for others the greater impact your life will make."

Acts 20:35b - ...the Lord Jesus himself said: "It is more blessed to give than to receive."

*** You know that you have a servant's heart when you get treated like one and it doesn't _____ you.**

Philippians 2:3-4 - Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

"If I don't serve others, I'll be serving nothing but my ego."—

Nik Wallenda

Takeaway: I will extend the _____ of my life by intentionally serving others.