



Sermon Outline
February 21, 2021
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Guilt/ Shame/ Regret

"Emotions are a gift from God. They help us express the spectrum of feelings that we experience in life. From the heights of joy to the depths of grief, emotions are like shock absorbers for our soul that allow us to weather life's inevitable ups and downs. God seems to have intended for our emotions to serve us, yet all too often our emotions seem to take control of us rather than being at our service."

Key fact: There is _____, and there is _____.

Good Guilt Is Really _____.

This type of guilt comes from the Holy Spirit.

Bad Guilt is something that moves into _____.

Shame is to live in a mind of constant disqualification. Bad guilt is the work of Satan himself. His name actually means "the accuser".

Revelation 12:10

"The accuser of our brothers and sisters had been thrown down to earth – the one who accuses them before our God day and night."

2 Corinthians 7:8-11

"Even if I caused you sorrow by my letter, I do not regret it. Though I did regret it—I see that my letter hurt you, but only for a little while—yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us."

Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. See what this godly sorrow has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern, what readiness to see justice done..."

Good guilt actually _____ you in powerful ways.

David...He holds two distinguished records in scripture:

-The record for _____.

-The record for _____.

What is disappointing to us is that David's faith had grown numb. So much so that someone actually had to point out the _____.

So...

God exercises on a child He loves an experience of _____.

Absorbing the Truth of Psalm 51

A. There is nothing more refreshing than the

_____.

This is the gift of Good Guilt... a healthy emotion that presses us toward repentance.

B. There is nothing more life-giving

_____.

It is as though re-creation is taking place.

In Psalm 32

"Blessed is the man whose transgressions are forgiven ... Blessed is the man whose sin the Lord does not count against him and in whose spirit there is no deceit."

"When I kept silent, my bones wasted away through my groaning all day long. For day and night Your hand was heavy upon me; my strength was sapped as in the heat of summer. Then I acknowledged my sin to You and did not cover up my iniquity. I said, 'I will confess my transgressions to the Lord' - and You forgave the guilt of my sin."

Good Guilt is an emotion that God has wired into you because God has a single purpose for your life.

"...God is much more interested in making us _____ than He is in getting a job done." Elisabeth Elliot- *A Path Through Suffering*