



Sermon Outline
May 2, 2021
Pastor Bryan Myers

**When You Need to
Forgive Yourself**

1 Timothy 1:12-17

*Forgiveness doesn't change the past,
but it does change the future.*

Definition of Forgiveness: *The conscious decision to let go of resentment or vengeance toward someone you feel has harmed you in some way.*

When you need to forgive yourself.

1 Timothy 1:12-17 - I thank Christ Jesus our Lord, who has given me strength, that he considered me trustworthy, appointing me to his service. Even though I was once a blasphemer and a persecutor and a violent man, I was shown mercy because I acted in ignorance and unbelief. The grace of our Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus. Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners---of whom I am the worst. But for that very reason I was shown mercy so that in me, the worst of sinners, Christ Jesus might display his immense patience as an example for those who would believe in him and receive eternal life. Now to the King eternal, immortal, invisible, the only God, be honor and glory for ever and ever. Amen.

_____ **to forgive yourself.**

"Forgive as the Lord forgave you." includes _____.

1 John 1:8-9 - If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

_____ **and grieve the consequences.**

* **Self-forgiveness doesn't mean turning a _____ to the consequences of your decisions.**

Acts 26:10b - On the authority of the chief priests I put many of the Lord's people in prison, and when they were put to death, I cast my vote against them.

All accusations regarding confessed sin come from the devil. When you know you have applied 1 John 1:9, and you still sense an accusing voice over that past failure, mark it down: That voice did not come from your Heavenly Father. It did not come from Jesus. It did not come from the Holy Spirit. It came from your enemy the devil, who works either as a roaring lion threatening to chew you up and spit you out, or he comes disguised as an angel of light to fool you into error.

– **R. T. Kendal**

When you condemn yourself, you're choosing to let past decisions define your _____.

Live every day in the _____ prompted by _____.

Ephesians 1:3 & 7-8a - Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.... In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace that he lavished on us.

Make _____ with others.

Matthew 5:23-24 - Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.

Forgiveness is a _____ you give yourself.