



Sermon Outline  
September 16, 2018  
Pastor Bryan Myers

## Overcoming Guilt & Shame

Romans 8:1-4

### Series Theme Verse:

**Romans 8:37** - No, in all these things we are **more than conquerors** through him who loved us.

**Sin is \_\_\_\_\_, and guilt is \_\_\_\_\_.**

**Romans 1:18** - The wrath of God is being revealed from heaven against all the godlessness and wickedness of people, who suppress the truth by their wickedness...

**Guilt is the realization and recognition that you've \_\_\_\_\_.**

**Romans 3:23** - ...for all have sinned and fall short of the glory of God...

**Shame is a \_\_\_\_\_ of guilt and can be debilitating.**

**Guilt and shame make us want to hide from \_\_\_\_\_ and \_\_\_\_\_.**

**Genesis 3:7-8** - Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden.

### Signs that guilt and shame are having a detrimental effect on your life:

- When you feel like leaning away from God instead of leaning toward Him.
- When you won't allow others to get close to you for fear they might discover your failures.

*"Perhaps no emotion is more destructive than guilt. It causes a loss of self-respect. It causes the human spirit to wither and eats away at our personal significance. Guilt is a strong motivator, but it plays on our fears of failure and rejection; therefore, it can never ultimately build, encourage, or inspire us in our desire to live for Christ."* - **Robert McGee** - The Search for Significance

**God's solution to your guilt was to allow Jesus who was \_\_\_\_\_ to take your place.**

**Romans 6:23** - For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

**Free \_\_\_\_\_ cost somebody something.**

**1 Peter 2:24** - "He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed."

**Hebrews 12:2** - ...fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

**It's important to be able to recognize the difference between guilt and \_\_\_\_\_.**

- Guilt has to do with our status before God.
- Conviction has to do with our behavior.
- Guilt is Satan's emphasis.
- Conviction is the Holy Spirit's emphasis.

**The Spiritual Ninja Warrior's Mantra:**

*All of my sin debt has been \_\_\_\_\_!*

**Because of Christ your guilt can be exchanged for \_\_\_\_\_.**