



Sermon Outline
October 14, 2018
Pastor Bryan Myers

Overcoming Disappointment

Romans 8:18-25

Series Theme Verse:

Romans 8:37 - No, in all these things we are **more than conquerors** through him who loved us.

Disappointing thoughts about disappointment:

"Blessed is he who expects nothing, for he shall never be disappointed." - Alexander Pope

"Life is a long preparation for something that never happens."
- W.B. Yeats

* **Being let down is a _____ human experience.**

What creates disappointment?

* **Disappointment is _____ so don't take it personally.**

Defining disappointment:

1) The feeling of sadness or displeasure caused by the nonfulfillment of one's hopes or expectations.

2) A feeling of loss, an uncomfortable space (or a painful gap) between our expectations and reality.

* _____ **is the root of all disappointment.**

What's the cause of disappointment?

The _____ **has set up the whole world for disappointment.**

Genesis 3:17b-18a - "Cursed is the ground because of you; through painful toil you will eat food from it all the days of your life. It will produce thorns and thistles for you..."

Vs. 20 - For the creation was subjected to frustration, not by its own choice, but by the will of the one who subjected it...

Vs. 22 - We know that the whole creation has been groaning as in the pains of childbirth right up to the present time.

What overcomes disappointment?

_____ **your disappointment.**

_____ **the loss and its intensity.**

_____ **how you're going to frame it.**

* Disappointments might only be _____.

* Disappointments can be _____.

* Disappointments can be times of _____.

_____ **if you need to recalibrate your expectation.**

Philippians 3:8 - What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ...

_____ **your ultimate expectation on heaven.**

It's the middle chapter of a three-chapter story that gets us.

I find my equilibrium in God's sovereignty.

The Spiritual Ninja Warrior's Mantra:

The _____ to come!